

Now you can be pain-free for life!

Just sign up for the Pain-Free-for-Life automatic delivery plan. You'll always have your supply of Pain Erase on hand; you'll get the lowest price available, plus FREE shipping on every order. And you never again have to worry about remembering to reorder.

For more information call toll-free: 1-888-851-9090.



**To reorder Pain Erase
or for questions or comments
call TOLL-FREE 888-851-9090**

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Pain Erase Usage Instructions:

Important: Please read and retain this information!



Warnings: For external use only. Do not use with a heating pad. Do not apply to wounds or damaged skin. Do not wrap tightly. • Pregnant women should consult a doctor before use. • Avoid contact with eyes and mucous membranes. If contact should occur, immediately flush the affected area with clean water. • If condition worsens, or if symptoms persist for more than 7 days or clear up and occur again within a few days, discontinue use and consult a doctor. • If an allergic reaction occurs, discontinue use immediately and consult a doctor. • Keep out of reach of infants and children. • Keep away from fire and flame.

Instructions for use

In all cases, apply Pain Erase to the surface of the skin in the general area of pain. Many users also find that they can achieve maximum pain relief by applying Pain Erase to the Pain Erase

Points indicated on the included anatomical illustrations (figures 1-5). These points correspond to acupuncture meridians recognized by classical

Pain Erase is a revolutionary, all-natural product for effective, long-lasting, temporary relief from many kinds of common pain. It is easy and pleasant to use, and it goes to work quickly. Use Pain Erase to relieve pain and discomfort caused by:

- Arthritis
- Backache
- Headache
- Bursitis
- Neuralgia
- Tendonitis
- Sciatica
- Accidents/Sports injuries
- Strained muscles
- Sprains
- Skin irritation
- Carpal Tunnel Syndrome

...and many other sources of temporary and chronic pain.

Chinese medicine. By applying Pain Erase to Pain Erase Points, you may achieve some of the same benefits offered by acupuncture.

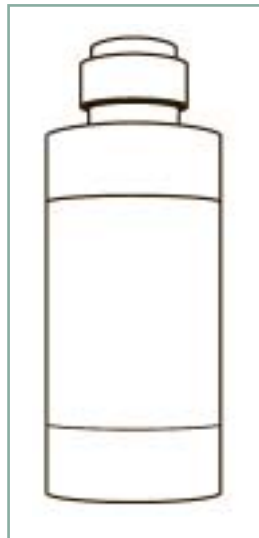
To treat your pain using this method, find the type of pain you are experiencing on the enclosed table. For each kind of pain listed, locate the appropriate Pain Erase Points on your body by referring to the anatomical illustrations. Then, apply a small amount of Pain Erase to the area indicated by that point. Be sure to also apply Pain Erase to the general area of pain.

To activate the applicator top:

Your bottle of Pain Erase is equipped with a patented no-spill applicator that requires activation the first time you use it. To prepare the bottle for your first application, simply follow these easy steps:

1. Check to see that the lid is screwed tightly closed, then shake the bottle well.
2. Unscrew the cap, place the bottle upright on a flat surface, and firmly press the cloth applicator pad several times with your finger. You should feel a slight "click."
3. Hold the bottle upside down and press the cloth applicator pad to the surface of your skin. The pad should moisten your skin slightly.
4. If liquid doesn't come out, hold the bottle upside down and press the cloth applicator pad several times with your finger. Repeat step 3.

Note: You may need to occasionally repeat this entire process.



Kind of Pain Pain Erase Points

Headache-general

apply to forehead at points marked A
 apply to temples at points marked B
 apply to hand point marked Y (figure 4)
Be careful to keep product out of eyes

Headache-migraine or sinus

apply to forehead at points marked A
 apply to hand point marked Y (figure 4)
Be careful to keep product out of eyes

Nausea

apply to inside of wrists at points marked G

Toothache

apply directly in front of ears to points marked S (figure 1)
Do not apply to inside of mouth

TMJ/jaw problems

apply directly to area of pain
 apply to both sides of jaw at points marked T (figure 1)

Neck

apply to the area of pain
 apply to the neck point marked U (figure 1)

Shoulder

apply to area of pain and
 apply to points marked C

Between shoulder blades

apply to area of pain
 apply to neck point marked U (figure 1)
 and leg points marked O
Caution: always use very light finger pressure when applying to point O

Soreness in rib cage

apply to area of pain

Abdomen

apply to abdominal points marked Q
Caution: Pain in this area should be examined by a physician.

Upper arm

apply to area of pain and
 apply to arm points marked D

Elbow area

apply to area of pain and
 apply to arm points marked E

Lower arm

apply to area of pain and
 apply to arm points marked F

Wrist

apply to area of pain and
 apply to wrist points marked W (figure 4)

Hand

apply to area of pain

Hip

apply to area of pain and
 apply to hip points marked H

Upper leg

apply to area of pain and
 apply to leg points marked I and N

Knee

apply to area of pain and
 apply to leg points marked J and O (figure 2 & 3)
Caution: always use very light finger pressure when applying to point O

Lower leg

apply to area of pain and
 apply to leg points marked K and P

Sciatic

apply to back points marked R

Spine

apply to area of pain on both sides of the spine

Foot

apply to area of pain and
 apply to foot points marked V (figure 5)

Ankle

apply to area of pain and
 apply to leg points marked S

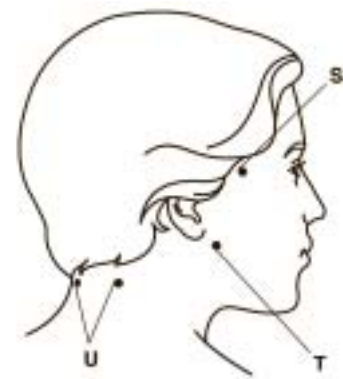


Figure 1

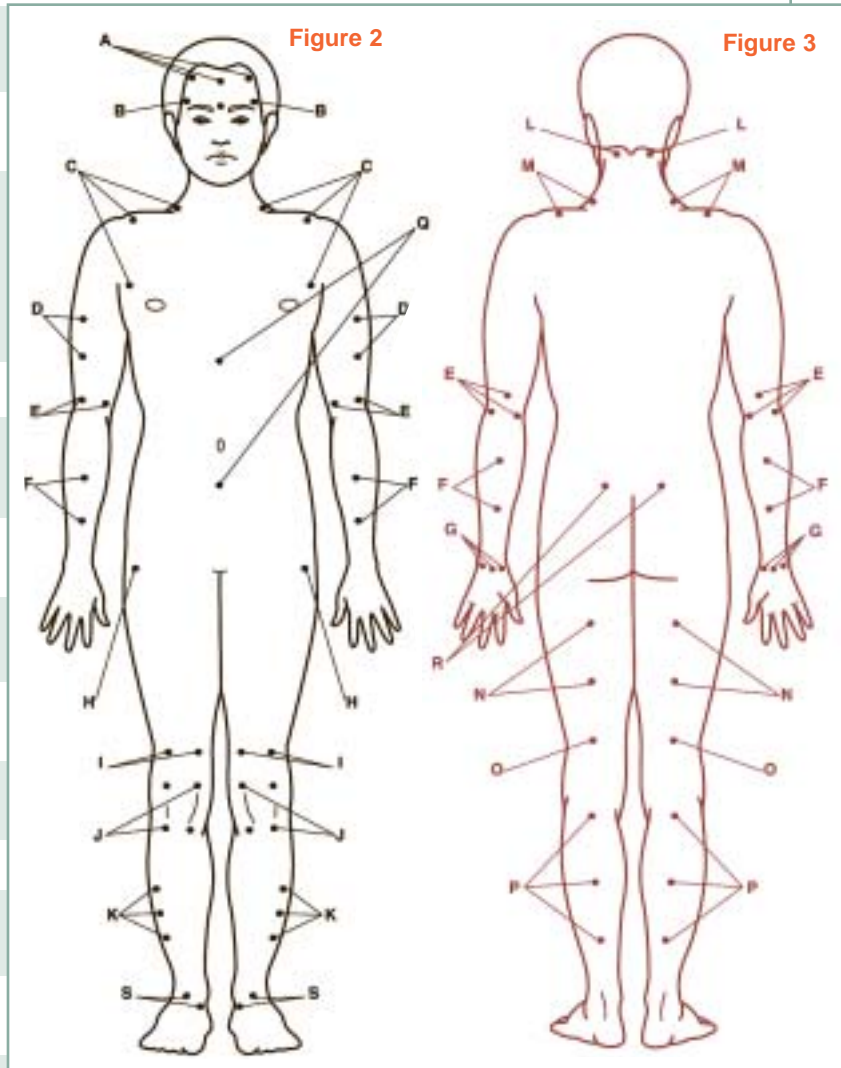


Figure 2

Figure 3

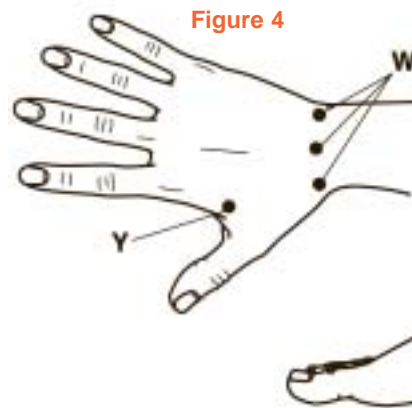


Figure 4

Figure 5