

# Now you can be pain-free for life!

Just sign up for our **Pain-Free-for-Life** automatic delivery plan. You'll always have a supply of Pain Erase on hand; you'll get the lowest price available, plus free shipping on every order. And you never again have to worry about remembering to reorder. Look for details enclosed, or call toll-free for more information: 888-851-9090.



To reorder Pain Erase  
or for questions or comments  
call TOLL-FREE 888-851-9090

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# How to use Pain Erase

Important: Please read and retain this information!



**Warning:** Keep Pain Erase out of reach of infants and children. It is for external use only. Do not take internally. Do not allow Pain Erase to come into contact with the eyes or mucous membranes. If contact should occur, immediately flush the affected area with clean water. Pregnant women should consult a physician before using Pain Erase. Pain Erase is for use by adults and children 12 years and older. (For children younger than 12, consult a physician before using.) If any health condition or problem persists for more than seven days, or if an allergic reaction to Pain Erase occurs, discontinue use immediately and consult a physician. Keep away from fire and flame.

## Instructions for use

In all cases, apply **Pain Erase** to the surface of the skin in the general area of pain. Many users also find that they can achieve **maximum pain relief** by applying Pain Erase to the **Pain Erase**

**Points** indicated on the included anatomical illustrations (figures 1-5). These points correspond to **acupuncture meridians** recognized by classical

Pain Erase is a revolutionary, all-natural product for effective, long-lasting, temporary relief from many kinds of common pain. It is easy and pleasant to use, and it goes to work quickly. Use Pain Erase to relieve pain and discomfort caused by:

- Arthritis
- Backache
- Headache
- Bursitis
- Neuralgia
- Tendonitis
- Sciatica
- Accidents/Sports injuries
- Strained muscles
- Sprains
- Skin irritation
- Carpal Tunnel Syndrome

...and many other sources of temporary and chronic pain.

Chinese medicine. By applying Pain Erase to Pain Erase Points, you may achieve some of the same benefits offered by acupuncture.

To treat your pain using this method, find the type of pain you are experiencing on the **enclosed table**. For each kind of pain listed, locate the appropriate Pain Erase Points on your body by referring to the anatomical illustrations. Then, apply a small amount of Pain Erase to the area indicated by that point. Be sure to also apply Pain Erase to the general area of pain.

### To activate the applicator top:

Your bottle of Pain Erase is equipped with a patented no-spill applicator that requires activation the first time you use it. To prepare the bottle for your first application, simply follow these easy steps:

1. Check to see that the lid is screwed tightly then shake the bottle well.
2. Unscrew the cap, place the bottle upright on a flat surface, and firmly press the cloth applicator pad several times with your finger. You should feel a slight "click."
3. Hold the bottle upside down and press the cloth applicator pad to the surface of your skin. The pad should moisten your skin slightly.
4. If liquid doesn't come out, hold the bottle upside down and press the cloth applicator pad several times with your finger. Repeat step 3.

Note: You may need to occasionally repeat this entire process.

